

Northwest NC YMCA Riptyde

Individual Top Times

Time	P/F/S	Event		
Billow, Cortland (14) W (Yr: 8)			UN-NC	
29.86 Y	BB F	50 Free	6/25/2010	Greater Winston-Salem Swimming Championships
34.35 L	BB F	50 Free	6/12/2009	21st Annual Furniture City L.C. Invitational
1:04.60 Y	BB F	100 Free	6/25/2010	Greater Winston-Salem Swimming Championships
1:14.47 L	BB F	100 Free	6/26/2010	2010 NC State Games of NC
2:21.92 Y	BB F	200 Free	11/20/2009	AIKEN-AUGUSTA SWIM LEAGUE FALL INVITATIONAL
2:41.03 L	BB F	200 Free	6/26/2010	2010 NC State Games of NC
6:17.96 Y	BB F	500 Free	11/13/2009	RACY Phyllis Steimel Fall Invite
1:11.54 Y	BB F	100 Fly	11/20/2009	AIKEN-AUGUSTA SWIM LEAGUE FALL INVITATIONAL
2:40.78 Y	BB F	200 IM	4/17/2010	BC Meet & Y Nots
*I Blankenship, Taylor (14) W (Yr: 7)			TYDE-NC	
29.71 Y	BB F	50 Free	4/17/2010	BC Meet & Y Nots
1:14.06 Y	BB F	100 Back	4/17/2010	BC Meet & Y Nots
Boutwell, Parker (14) M (Yr: 8)			TYDE-NC	
26.83 Y	BB F	50 Free	10/23/2009	Chapel Hill YMCA Fall Invitational
28.58 L	BB P	50 Free	6/18/2010	21st Annual Furniture City L.C. Invitational
57.00 Y	BB F	100 Free	2/5/2010	2010 GCY Winter Invite
1:02.77 L	BB P	100 Free	7/15/2010	2010 NCS 14 & Under Long Course Champs
2:03.79 Y	BB F	200 Free	2/5/2010	2010 GCY Winter Invite
2:22.72 L	BB F	200 Free	6/18/2010	21st Annual Furniture City L.C. Invitational
5:05.56 L	BB F	400 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
5:46.14 Y	BB F	500 Free	2/5/2010	2010 GCY Winter Invite
10:31.62 L	BB F	800 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
1:06.52 Y	BB F	100 Back	1/15/2010	2010 NC January Jubilee Meet
1:15.15 L	BB F	100 Back	7/9/2010	2010 Upper SE Regional YMCA Championships
2:20.19 Y	BB F	200 Back	2/5/2010	2010 GCY Winter Invite
2:41.59 L	BB P	200 Back	6/18/2010	21st Annual Furniture City L.C. Invitational
1:06.82 Y	BB F	100 Fly	4/17/2010	BC Meet & Y Nots
1:14.76 L	BB F	100 Fly	6/26/2010	2010 NC State Games of NC
2:23.24 Y	BB P	200 IM	1/15/2010	2010 NC January Jubilee Meet
2:42.60 L	BB F	200 IM	6/26/2010	2010 NC State Games of NC
5:03.18 Y	BB F	400 IM	2/5/2010	2010 GCY Winter Invite
5:55.66 L	BB F	400 IM	5/7/2010	2010 GOLD Long Course Open
Cannoy, Carly (14) W (Yr: 7)			TYDE-NC	
30.25 Y	BB F	50 Free	3/5/2010	GYSSA 2010
1:14.10 Y	BB F	100 Back	1/16/2009	2009 Y-States
2:37.84 Y	BB F	200 Back	3/13/2009	2009 Short Course USY Championships
Caron-O'Neill, Alden (14) W (Yr: 7)			TYDE-NC	
29.49 Y	BB F	50 Free	4/17/2010	BC Meet & Y Nots

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Time	P/F/S	Event		
33.60 L	BB F	50 Free	5/28/2010	2010 Piranha HULA Invitational
1:03.99 Y	BB F	100 Free	2/5/2010	2010 GCY Winter Invite
1:13.44 L	BB F	100 Free	7/10/2009	2009 Upper SE Regional YMCA Championships
2:14.66 Y	BB F	200 Free	2/5/2010	2010 GCY Winter Invite
2:38.47 L	BB F	200 Free	7/10/2009	2009 Upper SE Regional YMCA Championships
5:57.44 Y	BB F	500 Free	2/5/2010	2010 GCY Winter Invite
11:09.52 L	BB F	800 Free	5/28/2010	2010 Piranha HULA Invitational
12:48.30 Y	BB F	1000 Free	10/9/2009	Andy Craver Autumn Leaves Invitational
1:13.08 Y	BB F	100 Fly	2/5/2010	2010 GCY Winter Invite
2:34.57 Y	BB F	200 IM	4/17/2010	BC Meet & Y Notes
3:03.24 L	BB F	200 IM	5/28/2010	2010 Piranha HULA Invitational
5:38.19 Y	BB F	400 IM	10/23/2009	Chapel Hill YMCA Fall Invitational
*I Chen, Dina (13) W (Yr: 7)				TYDE-NC
29.64 Y	BB F	50 Free	3/5/2010	GYSSA 2010
1:07.25 Y	BB F	100 Free	3/5/2010	GYSSA 2010
Day, Sam (14) M (Yr: 8)				TYDE-NC
26.61 Y L	BB F	50 Free	1/15/2010	2010 NC January Jubilee Meet
56.61 Y	BB F	100 Free	2/5/2010	2010 GCY Winter Invite
1:04.47 L	BB F	100 Free	6/18/2010	21st Annual Furniture City L.C. Invitational
1:57.65 Y	BB F	200 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:18.53 L	BB F	200 Free	5/7/2010	2010 GOLD Long Course Open
4:41.46 L	BB P	400 Free	7/15/2010	2010 NCS 14 & Under Long Course Champs
5:10.37 Y S	BB F	500 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
10:07.41 L	BB F	800 Free	5/15/2009	12th Annual YSSC May LC Coaches Invitational
10:24.44 Y	BB F	1000 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
19:01.74 L	BB F	1500 Free	5/7/2010	2010 GOLD Long Course Open
17:42.12 Y	BB F	1650 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
1:09.02 Y	BB F	100 Back	10/9/2009	Andy Craver Autumn Leaves Invitational
2:26.34 Y	BB F	200 Back	10/23/2009	Chapel Hill YMCA Fall Invitational
2:43.31 L	BB F	200 Back	5/28/2010	2010 Piranha HULA Invitational
1:05.72 Y	BB F	100 Breast	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
1:16.78 L	BB F	100 Breast	7/15/2010	2010 NCS 14 & Under Long Course Champs
2:22.10 Y	BB F	200 Breast	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:44.31 L	BB F	200 Breast	7/9/2010	2010 Upper SE Regional YMCA Championships
1:00.15 Y	BB F	100 Fly	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
1:08.08 L	BB F	100 Fly	7/9/2010	2010 Upper SE Regional YMCA Championships
2:09.86 Y	BB F	200 Fly	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:26.86 L	BB F	200 Fly	7/15/2010	2010 NCS 14 & Under Long Course Champs
2:14.15 Y	BB P	200 IM	2/18/2010	2010 NCS 14 & Under Age Group Championships
2:28.44 L	BB F	200 IM	7/9/2010	2010 Upper SE Regional YMCA Championships
4:34.11 Y	BB P	400 IM	2/18/2010	2010 NCS 14 & Under Age Group Championships

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Time	P/F/S	Event			
5:08.55 L	BB F	400 IM	7/9/2010	2010 Upper SE Regional YMCA Championships	
Disher, Harrison (14) M (Yr: 7) TYDE-NC					
28.41 Y	BB F	50 Free	3/5/2010	GYSSA 2010	
1:10.80 L	BB F	100 Free	7/9/2010	2010 Upper SE Regional YMCA Championships	
2:33.35 L	BB P	200 Free	7/9/2010	2010 Upper SE Regional YMCA Championships	
Eaton, Tyler (13) M (Yr: 6) TYDE-NC					
31.34 L	BB F	50 Free	7/15/2010	2010 NCS 14 & Under Long Course Champs	
1:11.36 L	BB F	100 Free	6/26/2010	2010 NC State Games of NC	
*I Fashimpaur, Jaime (14) W (Yr: 8) TYDE-NC					
29.59 Y	BB F	50 Free	10/9/2009	Andy Craver Autumn Leaves Invitational	
1:04.94 Y	BB F	100 Free	10/9/2009	Andy Craver Autumn Leaves Invitational	
2:20.74 Y	BB F	200 Free	10/9/2009	Andy Craver Autumn Leaves Invitational	
*I Gantt, Blakely (14) W (Yr: 8) TYDE-NC					
28.25 Y	BB P	50 Free	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio	
32.18 L	BB F	50 Free	6/12/2009	21st Annual Furniture City L.C. Invitational	
1:01.97 Y	BB F	100 Free	12/11/2009	09 RAYS SNOWFLAKE INVITATIONAL	
1:13.72 L	BB F	100 Free	6/12/2009	21st Annual Furniture City L.C. Invitational	
2:18.39 Y	BB F	200 Free	2/5/2010	2010 GCY Winter Invite	
1:19.89 Y	BB F	100 Breast	12/11/2009	09 RAYS SNOWFLAKE INVITATIONAL	
1:34.41 L	BB F	100 Breast	6/5/2009	2009 Piranha HULA Invitational	
2:56.00 Y	BB F	200 Breast	2/5/2010	2010 GCY Winter Invite	
3:25.23 L	BB F	200 Breast	6/12/2009	21st Annual Furniture City L.C. Invitational	
2:39.16 Y	BB P	200 IM	1/15/2010	2010 NC January Jubilee Meet	
Hardin, Shelby (13) W (Yr: 6) TYDE-NC					
28.54 Y	BB F	50 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP	
31.88 L	BB P	50 Free	6/18/2010	21st Annual Furniture City L.C. Invitational	
1:01.33 Y	BB F	100 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP	
1:10.57 L	BB F	100 Free	6/26/2010	2010 NC State Games of NC	
2:15.50 Y	BB F	200 Free	3/5/2010	GYSSA 2010	
2:30.12 L	BB F	200 Free	5/28/2010	2010 Piranha HULA Invitational	
5:21.76 L	BB F	400 Free	6/18/2010	21st Annual Furniture City L.C. Invitational	
5:58.01 Y	BB F	500 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP	
11:01.35 L	BB F	800 Free	5/28/2010	2010 Piranha HULA Invitational	
1:11.70 Y	BB F	100 Back	3/5/2010	GYSSA 2010	
1:20.58 L	BB F	100 Back	5/7/2010	2010 GOLD Long Course Open	
2:56.90 L	BB F	200 Back	5/28/2010	2010 Piranha HULA Invitational	
2:37.98 Y	BB F	200 IM	3/19/2010	2010 USYMCA SC CHAMPIONSHIP	
3:00.33 L	BB F	200 IM	6/26/2010	2010 NC State Games of NC	
6:25.10 L	BB F	400 IM	5/28/2010	2010 Piranha HULA Invitational	

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*I Holland, Quin (14) M (Yr: 8) TYDE-NC				
24.21 Y	BB P	50 Free	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
32.41 L	BB F	50 Free	6/13/2008	2nd Annual Bob Pratt Invitational
53.26 Y L	BB F	100 Free	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
1:10.92 L	BB F	100 Free	7/17/2008	2008 NC LC 14&Under State Championships
2:00.50 Y	BB F	200 Free	1/15/2010	2010 NC January Jubilee Meet
5:49.77 Y	BB F	500 Free	11/13/2009	RACY Phyllis Steimel Fall Invite
19:49.19 Y	BB F	1650 Free	10/9/2009	Andy Craver Autumn Leaves Invitational
59.57 Y	BB F	100 Back	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
2:13.15 Y	BB F	200 Back	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
1:17.50 Y	BB P	100 Breast	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
1:00.64 Y	BB F	100 Fly	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
2:23.15 Y	BB P	200 Fly	1/15/2010	2010 NC January Jubilee Meet
2:23.36 Y	BB F	200 IM	10/9/2009	Andy Craver Autumn Leaves Invitational
5:09.80 Y	BB F	400 IM	11/13/2009	RACY Phyllis Steimel Fall Invite
Jones, McKenzie (13) W (Yr: 7) TYDE-NC				
29.54 Y	BB F	50 Free	10/25/2008	2008 Fall Invite
31.78 L	BB F	50 Free	5/28/2010	2010 Piranha HULA Invitational
1:02.00 Y	BB F	100 Free	3/13/2009	2009 Short Course USY Championships
1:10.01 L	BB F	100 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
2:13.21 Y	BB F	200 Free	2/6/2009	2009 GCY Winter Invite
2:31.42 L	BB F	200 Free	6/26/2010	2010 NC State Games of NC
5:21.95 L	BB F	400 Free	6/26/2010	2010 NC State Games of NC
5:56.83 Y	BB F	500 Free	2/6/2009	2009 GCY Winter Invite
11:08.56 L	BB F	800 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
21:26.86 L	BB F	1500 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
20:35.85 Y	BB F	1650 Free	3/6/2009	2009 GYSSA Champs
2:59.32 L	BB F	200 Back	5/28/2010	2010 Piranha HULA Invitational
1:33.37 L	BB F	100 Breast	6/26/2010	2010 NC State Games of NC
2:50.22 Y	BB F	200 Breast	3/13/2009	2009 Short Course USY Championships
3:23.21 L	BB F	200 Breast	5/28/2010	2010 Piranha HULA Invitational
2:29.19 Y	BB F	200 IM	3/13/2009	2009 Short Course USY Championships
2:56.00 L	BB F	200 IM	5/28/2010	2010 Piranha HULA Invitational
5:20.14 Y	BB F	400 IM	3/13/2009	2009 Short Course USY Championships
6:12.22 L	BB F	400 IM	7/9/2010	2010 Upper SE Regional YMCA Championships
Joram, Meghan (13) W (Yr: 7) TYDE-NC				
28.99 Y	BB F	50 Free	3/5/2010	GYSSA 2010
31.08 L	BB P	50 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
1:03.10 Y	BB F	100 Free	3/5/2010	GYSSA 2010

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Time	P/F/S	Event			
1:08.84	L L BB F	100 Free	7/9/2010	2010 Upper SE Regional YMCA Championships	
2:34.95	L BB P	200 Free	6/18/2010	21st Annual Furniture City L.C. Invitational	
1:35.84	L BB F	100 Breast	7/9/2010	2010 Upper SE Regional YMCA Championships	
3:27.33	L BB F	200 Breast	7/9/2010	2010 Upper SE Regional YMCA Championships	
2:59.20	L BB F	200 IM	7/9/2010	2010 Upper SE Regional YMCA Championships	
6:15.30	L BB P	400 IM	7/9/2010	2010 Upper SE Regional YMCA Championships	
Koesters, Gina (12) W (Yr: 6)					TYDE -NC
33.70	Y A F	50 Back	10/23/2009	Chapel Hill YMCA Fall Invitational	
1:11.69	Y A F	100 Back	12/11/2009	09 RAYS SNOWFLAKE INVITATIONAL	
1:13.25	Y A F	100 IM	3/19/2010	2010 USYMCA SC CHAMPIONSHIP	
Lang, Richard (12) M (Yr: 6)					UN -NC
28.39	Y A F	50 Free	6/25/2010	Greater Winston-Salem Swimming Championships	
32.33	L A F	50 Free	5/28/2010	2010 Piranha HULA Invitational	
32.33	L A F	50 Free	6/26/2010	2010 NC State Games of NC	
1:02.55	Y A F	100 Free	6/25/2010	Greater Winston-Salem Swimming Championships	
1:08.70	L A F	100 Free	7/15/2010	2010 NCS 14 & Under Long Course Champs	
2:28.09	L A F	200 Free	6/26/2010	2010 NC State Games of NC	
5:12.88	L A F	400 Free	7/15/2010	2010 NCS 14 & Under Long Course Champs	
6:03.35	Y A F	500 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP	
11:09.22	L A F	800 Free	5/28/2010	2010 Piranha HULA Invitational	
36.96	L A F	50 Back	7/9/2010	2010 Upper SE Regional YMCA Championships	
1:21.95	L A F	100 Back	7/15/2010	2010 NCS 14 & Under Long Course Champs	
41.27	L A F	50 Breast	7/9/2010	2010 Upper SE Regional YMCA Championships	
35.20	L A F	50 Fly	7/9/2010	2010 Upper SE Regional YMCA Championships	
1:19.82	L A F	100 Fly	6/26/2010	2010 NC State Games of NC	
1:09.56	Y A F	100 IM	6/25/2010	Greater Winston-Salem Swimming Championships	
2:31.32	Y A P	200 IM	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio	
2:47.03	L A F	200 IM	6/26/2010	2010 NC State Games of NC	
6:03.30	L A F	400 IM	7/9/2010	2010 Upper SE Regional YMCA Championships	
Marshall, Christina (11) W (Yr: 5)					TYDE -NC
32.28	L A F	50 Free	6/26/2010	2010 NC State Games of NC	
1:12.75	L A F	100 Free	6/26/2010	2010 NC State Games of NC	
Medwin, Noah (13) M (Yr: 7)					TYDE -NC
25.33	Y BB F	50 Free	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio	
28.17	L BB P	50 Free	7/15/2010	2010 NCS 14 & Under Long Course Champs	
57.43	Y BB P	100 Free	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio	
1:03.84	L BB F	100 Free	7/9/2010	2010 Upper SE Regional YMCA Championships	
2:11.04	Y BB F	200 Free	3/5/2010	GYSSA 2010	
2:26.03	L BB P	200 Free	6/18/2010	21st Annual Furniture City L.C. Invitational	

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Time	P/F/S	Event		
1:09.69 Y	BB F	100 Breast	1/15/2010	2010 Y-States
1:21.07 L	BB F	100 Breast	7/9/2010	2010 Upper SE Regional YMCA Championships
2:36.39 Y	BB F	200 Breast	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
2:58.65 L	BB F	200 Breast	7/9/2010	2010 Upper SE Regional YMCA Championships
2:27.75 Y	BB P	200 IM	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
2:46.27 L	BB F	200 IM	6/26/2010	2010 NC State Games of NC
Migliarese, Isabella (13) W (Yr: 7) TYDE-NC				
28.33 Y	BB F	50 Free	1/15/2010	2010 NC January Jubilee Meet
33.72 L	BB F	50 Free	7/10/2009	2009 Upper SE Regional YMCA Championships
1:02.44 Y	BB F	100 Free	12/4/2009	2009 NC WAVE Winter Classic Invitational
1:15.95 L	BB F	100 Free	7/10/2009	2009 Upper SE Regional YMCA Championships
2:19.30 Y	BB F	200 Free	2/5/2010	2010 GCY Winter Invite
6:20.51 Y	BB F	500 Free	1/15/2010	2010 NC January Jubilee Meet
1:11.98 Y	BB F	100 Back	12/4/2009	2009 NC WAVE Winter Classic Invitational
2:39.28 Y	BB F	200 IM	2/5/2010	2010 GCY Winter Invite
Oh, Daniel (14) M (Yr: 8) TYDE-NC				
28.10 Y	BB P	50 Free	1/15/2010	2010 NC January Jubilee Meet
31.32 L	BB F	50 Free	6/26/2010	2010 NC State Games of NC
1:09.49 L	BB F	100 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
2:34.60 L	BB F	200 Free	6/26/2010	2010 NC State Games of NC
2:50.37 L	BB P	200 Back	7/9/2010	2010 Upper SE Regional YMCA Championships
1:13.45 Y	BB F	100 Breast	2/5/2010	2010 GCY Winter Invite
1:23.36 L	BB F	100 Breast	7/9/2010	2010 Upper SE Regional YMCA Championships
2:35.33 Y	BB P	200 Breast	1/15/2010	2010 NC January Jubilee Meet
3:01.72 L	BB F	200 Breast	6/26/2010	2010 NC State Games of NC
2:31.19 Y	BB F	200 IM	12/11/2009	09 RAYS SNOWFLAKE INVITATIONAL
2:49.44 L	BB F	200 IM	7/9/2010	2010 Upper SE Regional YMCA Championships
Poindexter, Josie (13) W (Yr: 7) TYDE-NC				
30.23 Y	BB F	50 Free	3/5/2010	GYSSA 2010
1:05.42 Y	BB F	100 Free	3/5/2010	GYSSA 2010
Regan, Matt (14) M (Yr: 7) TYDE-NC				
26.61 Y	BB P	50 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
29.45 L	BB P	50 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
58.78 Y	BB P	100 Free	1/15/2010	2010 NC January Jubilee Meet
1:05.29 L	BB F	100 Free	5/7/2010	2010 GOLD Long Course Open
2:09.85 Y	BB F	200 Free	1/15/2010	2010 NC January Jubilee Meet
2:21.26 L	BB F	200 Free	6/26/2010	2010 NC State Games of NC
5:13.39 L	BB F	400 Free	5/7/2010	2010 GOLD Long Course Open
5:59.40 Y	BB F	500 Free	11/13/2009	RACY Phyllis Steimel Fall Invite
12:30.55 Y	BB F	1000 Free	11/13/2009	RACY Phyllis Steimel Fall Invite

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Time	P/F/S	Event		
1:18.22 L	BB F	100 Back	6/26/2010	2010 NC State Games of NC
2:29.00 Y	BB F	200 Back	2/5/2010	2010 GCY Winter Invite
1:10.97 Y	BB F	100 Breast	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
1:21.31 L	BB P	100 Breast	7/15/2010	2010 NCS 14 & Under Long Course Champs
2:34.17 Y	BB F	200 Breast	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:34.17 Y	BB P	200 Breast	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
3:02.77 L	BB F	200 Breast	6/26/2010	2010 NC State Games of NC
1:05.16 Y	BB P	100 Fly	1/15/2010	2010 NC January Jubilee Meet
1:09.96 L	BB P	100 Fly	7/15/2010	2010 NCS 14 & Under Long Course Champs
2:23.27 Y	BB F	200 Fly	2/5/2010	2010 GCY Winter Invite
2:38.44 L	BB F	200 Fly	6/26/2010	2010 NC State Games of NC
2:18.18 Y	BB P	200 IM	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:35.89 L	BB F	200 IM	6/26/2010	2010 NC State Games of NC
4:56.29 Y	BB F	400 IM	2/5/2010	2010 GCY Winter Invite
5:39.46 L	BB F	400 IM	5/7/2010	2010 GOLD Long Course Open
Rhodes, Lucas (13) M				UN-NC
26.65 Y	BB F	50 Free	6/25/2010	Greater Winston-Salem Swimming Championships
29.39 L	BB F	50 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
59.82 Y	BB F	100 Free	6/25/2010	Greater Winston-Salem Swimming Championships
1:05.50 L	BB F	100 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
2:12.29 Y	BB F	200 Free	3/5/2010	GYSSA 2010
2:22.78 L	BB F	200 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
5:56.80 Y	BB F	500 Free	3/5/2010	GYSSA 2010
1:16.80 L	BB F	100 Back	7/9/2010	2010 Upper SE Regional YMCA Championships
2:47.39 L	BB F	200 IM	7/9/2010	2010 Upper SE Regional YMCA Championships
*I Robinson, Bayley (13) W (Yr: 7)				TYDE-NC
28.84 Y	BB P	50 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
1:03.28 Y	BB P	100 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:41.97 Y	BB F	200 IM	3/5/2010	GYSSA 2010
Russell, Nick (13) M (Yr: 6)				TYDE-NC
27.18 Y	BB P	50 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
31.48 L	BB P	50 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
59.30 Y	BB F	100 Free	3/5/2010	GYSSA 2010
1:08.74 L	BB F	100 Free	6/26/2010	2010 NC State Games of NC
2:08.49 Y	BB P	200 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
2:34.28 L	BB F	200 Free	6/26/2010	2010 NC State Games of NC
10:49.03 L	BB F	800 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
Tacik, Morgan (12) W (Yr: 6)				TYDE-NC
28.92 Y	A F	50 Free	2/5/2010	2010 GCY Winter Invite
31.14 L	A F	50 Free	7/15/2010	2010 NCS 14 & Under Long Course Champs

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Individual Top Times

Time	P/F/S	Event		
1:00.26 Y	A F	100 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
1:08.04 L	A F	100 Free	6/26/2010	2010 NC State Games of NC
2:12.21 Y	A F	200 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:32.70 L	A F	200 Free	5/7/2010	2010 GOLD Long Course Open
5:13.69 L	A F	400 Free	6/18/2010	21st Annual Furniture City L.C. Invitational
5:47.12 Y	A F	500 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
10:54.01 L	A F	800 Free	5/28/2010	2010 Piranha HULA Invitational
11:52.34 Y	A F	1000 Free	1/15/2010	2010 NC January Jubilee Meet
20:27.61 Y	A F	1650 Free	10/9/2009	Andy Craver Autumn Leaves Invitational
33.04 Y	A F	50 Back	2/5/2010	2010 GCY Winter Invite
36.65 L	A P	50 Back	6/18/2010	21st Annual Furniture City L.C. Invitational
1:08.83 Y	A F	100 Back	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
1:19.06 L	A F	100 Back	6/26/2010	2010 NC State Games of NC
2:28.21 Y	A F	200 Back	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:53.65 L	A F	200 Back	5/28/2010	2010 Piranha HULA Invitational
37.04 Y	A F	50 Breast	1/15/2010	2010 NC January Jubilee Meet
41.93 L	A F	50 Breast	6/26/2010	2010 NC State Games of NC
1:19.86 Y	A F	100 Breast	2/5/2010	2010 GCY Winter Invite
1:29.04 L	A F	100 Breast	7/15/2010	2010 NCS 14 & Under Long Course Champs
3:17.26 L	A F	200 Breast	5/28/2010	2010 Piranha HULA Invitational
30.44 Y	A P	50 Fly	2/18/2010	2010 NCS 14 & Under Age Group Championships
33.86 L	A F	50 Fly	7/15/2010	2010 NCS 14 & Under Long Course Champs
1:07.18 Y	A F	100 Fly	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
1:14.30 L	A F	100 Fly	6/26/2010	2010 NC State Games of NC
2:25.43 Y	A F	200 Fly	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:40.59 L	A F	200 Fly	7/15/2010	2010 NCS 14 & Under Long Course Champs
1:09.54 Y	A F	100 IM	2/5/2010	2010 GCY Winter Invite
2:27.31 Y	A F	200 IM	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:46.57 L	A F	200 IM	7/15/2010	2010 NCS 14 & Under Long Course Champs
5:16.35 Y	A F	400 IM	1/15/2010	2010 NC January Jubilee Meet
5:41.49 L	A F	400 IM	7/15/2010	2010 NCS 14 & Under Long Course Champs

Vlahos, George (13) M (Yr: 7)

TYDE -NC

25.98 Y	BB P	50 Free	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
29.29 L	BB P	50 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
56.02 Y	BB F	100 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
1:04.53 L L	BB F	100 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
1:59.81 Y	BB F	200 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
2:19.13 L	BB F	200 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
4:55.92 L	BB F	400 Free	7/9/2010	2010 Upper SE Regional YMCA Championships
5:23.17 Y	BB F	500 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
10:06.30 L	BB F	800 Free	7/9/2010	2010 Upper SE Regional YMCA Championships

Northwest NC YMCA Riptyde

Individual Top Times

Time	P/F/S	Event		
11:35.88 Y	BB F	1000 Free	11/20/2009	AIKEN-AUGUSTA SWIM LEAGUE FALL INVITATIONAL
19:32.90 Y	BB F	1650 Free	2/5/2010	2010 GCY Winter Invite
1:08.49 Y	BB F	100 Back	3/5/2010	GYSSA 2010
1:19.54 L	BB F	100 Back	6/26/2010	2010 NC State Games of NC
2:47.86 L	BB F	200 Back	5/28/2010	2010 Piranha HULA Invitational
1:13.74 Y	BB F	100 Breast	2/18/2010	2010 NCS 14 & Under Age Group Championships
1:26.38 L	BB F	100 Breast	6/26/2010	2010 NC State Games of NC
2:41.63 Y	BB P	200 Breast	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
3:05.86 L	BB F	200 Breast	5/28/2010	2010 Piranha HULA Invitational
1:03.74 Y	BB F	100 Fly	2/18/2010	2010 NCS 14 & Under Age Group Championships
1:12.73 L	BB F	100 Fly	6/26/2010	2010 NC State Games of NC
2:18.81 Y	BB P	200 Fly	3/25/2010	2010 NC SunKissed Invitational Jr/Sr Champio
2:38.17 L	BB F	200 Fly	6/26/2010	2010 NC State Games of NC
2:18.67 Y	BB F	200 IM	2/18/2010	2010 NCS 14 & Under Age Group Championships
2:40.30 L	BB F	200 IM	7/9/2010	2010 Upper SE Regional YMCA Championships
5:07.73 Y	BB F	400 IM	1/15/2010	2010 NC January Jubilee Meet
5:41.25 L	BB F	400 IM	5/28/2010	2010 Piranha HULA

Warnimont, Ally (13) W (Yr: 7)

TYDE -NC

26.37 Y	BB F	50 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
29.23 L	BB F	50 Free	7/15/2010	2010 NCS 14 & Under Long Course Champs
58.90 Y	BB F	100 Free	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
1:05.37 L	BB F	100 Free	7/15/2010	2010 NCS 14 & Under Long Course Champs
2:07.96 Y	BB P	200 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
2:25.74 L	BB F	200 Free	6/26/2010	2010 NC State Games of NC
4:58.62 L	BB F	400 Free	7/15/2010	2010 NCS 14 & Under Long Course Champs
5:34.99 Y	BB F	500 Free	2/18/2010	2010 NCS 14 & Under Age Group Championships
10:55.42 L	BB F	800 Free	5/28/2010	2010 Piranha HULA Invitational
11:50.26 Y	BB F	1000 Free	1/15/2010	2010 NC January Jubilee Meet
20:32.72 L	BB F	1500 Free	5/7/2010	2010 GOLD Long Course Open
20:33.82 Y	BB F	1650 Free	10/9/2009	Andy Craver Autumn Leaves Invitational
1:05.98 Y	BB F	100 Back	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
1:16.44 L	BB F	100 Back	5/28/2010	2010 Piranha HULA Invitational
2:26.71 Y	BB F	200 Back	2/5/2010	2010 GCY Winter Invite
2:41.90 L	BB F	200 Back	7/15/2010	2010 NCS 14 & Under Long Course Champs
1:34.31 L	BB F	100 Breast	5/7/2010	2010 GOLD Long Course Open
3:22.06 L	BB F	200 Breast	5/28/2010	2010 Piranha HULA Invitational
1:07.07 Y	BB F	100 Fly	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
1:12.39 L	BB F	100 Fly	7/15/2010	2010 NCS 14 & Under Long Course Champs
2:29.30 Y	BB F	200 Fly	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:55.85 L	BB F	200 Fly	5/28/2010	2010 Piranha HULA Invitational
2:23.71 Y	BB F	200 IM	3/19/2010	2010 USYMCA SC CHAMPIONSHIP
2:41.79 L	BB F	200 IM	7/15/2010	2010 NCS 14 & Under Long Course Champs

Northwest NC YMCA Riptyde

Individual Top Times

Time	P/F/S		Event		
5:15.29	Y	BB	F	400 IM	1/15/2010 2010 NC January Jubilee Meet
5:37.39	L	BB	F	400 IM	7/15/2010 2010 NCS 14 & Under Long Course Champs
Watts, Michael (14) M (Yr: 7)					TYDE-NC
27.51	Y	BB	F	50 Free	4/17/2010 BC Meet & Y Notes
29.59	L	BB	P	50 Free	7/9/2010 2010 Upper SE Regional YMCA Championships
1:00.80	Y	BB	F	100 Free	3/5/2010 GYSSA 2010
1:08.32	L	BB	F	100 Free	7/9/2010 2010 Upper SE Regional YMCA Championships
2:48.95	L	BB	F	200 Back	5/28/2010 2010 Piranha HULA Invitational
1:07.49	Y	BB	F	100 Fly	4/17/2010 BC Meet & Y Notes
1:16.63	L	BB	F	100 Fly	5/7/2010 2010 GOLD Long Course Open
2:31.49	Y	BB	F	200 IM	4/17/2010 BC Meet & Y Notes
2:50.98	L	BB	F	200 IM	7/9/2010 2010 Upper SE Regional YMCA